SMART BAND



User Manual

1.Key features

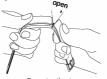
Activity tracking, body temperature and blood pressure monitoring, heart rate monitoring, sleep monitoring, message notifications, raise hand to brighten the screen, sedentary and drink reminders, app data sync, analyzing and reporting, waterproof IP67.

2.Basic operations

Long press touch button 5 seconds to turn on the device Short press touch button: Wake up the screen, switch to different function mode

Long press touch button: Enter Menu.

3.Charging Be sure to use the bracelet fully charged. The charger output voltage: + 5 V Charging time: 1.5~2 hours Charing method:



Removing the strap



Charging the device

4.Function interfaces

4.1 Main interface (3 kinds of dials)



On the main interface, long press touch button can switch dials.

4.2 Pedometer (step counting)/distance/calories



At 12 AM, the step counting data of the bracelet will automatically clear to zero. Counters can also be reset any time manually.

4.3 Health Keep tapping the touch panel until the display shows the "health" icon.

See demo here: https://vimeo.com/446967348

1) Body Temperature

From the "health" interface, long press the touch panel to enter the thermometer screen. The smart band should be worn on the left wrist,1.5cm from the wrist joints. Make sure the smart band is close enough with your skin to detect the temperature. Use the thermometer function after 10mins of wearing the smart band.

2) Heart Rate

From the "health" interface, long press the touch panel to enter, then choose the Heart Rate Mode by tapping again the touch panel.







3) Blood Pressure

From the "health" interface, long press the touch panel to enter, then choose the Blood Pressure Mode by tapping the touch panel. Please keep the arm still until the measurement is completed.

4) Blood Oxygen From the "health" interface, long press the touch panel to enter, then choose the Blood Oxygen Mode by tapping the touch panel. Please keep the arm still until the measurement is completed.

4.4 Sleep Monitoring

The sleep monitoring time period is from 22:00 to 08:00 the next day. The smart band displays the sleep data, and the sleep data generated that night. The next day it can be connected to the app to synchronize the data.



4.5 Sport



In this menu, you can select different sport modes by clicking the touch keys cyclically.

Long press the touch area to enter the sports mode and generate related sports data, and cyclically click the touch keys to display such as steps, heart rate, calorie consumption, real-time time, exercise duration, etc.

Press and hold the touch area again to pause the sport, and short press to exit the sport mode.

4.6 Notifications

Displays the most recent notifications related to phone calls, text messages, WhatsApp and Facebook notifications, etc.

4.7 More/Tools



Long press to enter the secondary menu to perform functions.

5.Connect with your smart phone1) Open your smart phone2) Scan the QR Code found here >>>



 Once the app installation is complete, launch the app, go to "Device" and tap "Add device", choosing the right name from the list (SENS018T).

4) After the device is successfully connected, the time, date and language on the bracelet will be automatically synchronized with the smart phone.

Note: some languages may not be supported.

- 5) Disconnecting the device
- Cancel the pairing or turn off Bluetooth via mobile phone system settings.
- b) Unbind the smart band via "More" function in the mobile App.
- c) Turn off the mobile APP.

6) Bluetooth Automatic Reconnection

Once the device is connected to the smart phone, the connection will be automatically attempted every time you run the app, assuming the smart band is within Bluetooth range.

6. Troubleshooting

1) Smart band does not turn on: connect to the charger to re-activate the bracelet.

2) No Bluetooth connection:

a. Please make sure that the Bluetooth of the mobile phone is turned on and the smart band is turned on;

b. Please make sure that the smart band is not bonded to other mobile phones;

c. Please keep the smart band and the mobile phone as close as possible when during Bluetooth pairing.

3) Notifications are not received by the smart band:

 a. confirm that the smart phone's app is running in the background and the message notification is turned on (the auxiliary function also needs to be turned on)

b. double check whether the Do Not Disturb mode is turned on, and turn it off in case.

4) Sport and health data is not synchronized with the phone:
a. make sure the app is connected to the smart band;
b. try to disconnect Bluetooth and then reconnect.

7. Main Specs

Processor: BK3431 Display : LCD TFT 0.96 inch Battery capacity: 90mAh Waterproof: IP67 Working time: 5-7days OS: Android 5.1 and above & IOS10.0 and above Heart Rate: Built-in Wake up screen automatically: Built-in Bluetooth: BLE 4.0

NOT A MEDICAL DEVICE.

THE DATA GENERATED BY SENSORIA SMART BAND IS FOR USER REFERENCE ONLY AND SHOULD NOT BE USED AS A DIAGNOSTIC TOOL.